

## Sharing Information with Family and Friends

**Venue: Tavistock Room, The Uffculme Centre,  
Queensbridge Road, Moseley, B13 8QY**

**Date: Thursday, 11<sup>th</sup> April 2019 (9.30am – 4.30pm)  
(Registration 9.15am)**

### **Course Tutors:**

Clinical Specialist, The Meriden Family Programme  
Clinical Specialist – The Meriden Family Programme  
Carer Consultant – The Meriden Family Programme  
Trust Solicitor – Birmingham & Solihull Mental Health NHS Foundation Trust  
Service User - Birmingham

***Confidentiality and the way in which service users, families and provider services share information has raised debate throughout the history of healthcare. This is perhaps particularly so within mental health care. Families and friends often play an incredibly important role in the lives of service users, and as such can have an important role in maintaining their mental health, safety and wellbeing. Equally, feeling involved and included can help relatives feel less stressed, help sustain their own health and enable them to better support their loved one.***

The issue of confidentiality is complex. Confidence around what information can/cannot be shared freely can sometimes be low and the issues compounded if the service user does not give consent.

This interactive training day aims to reflect upon these issues and introduce good practice strategies for working with service users, their families, friends and significant others. Learning objectives for the day will be:

- To clarify what is meant by confidentiality, information-sharing, and the different types of information.
- To encourage participants to reflect on issues relating to confidentiality and information-sharing.
- To explore the benefits of sharing information and of establishing more collaborative patterns of working.
- To reflect upon good practice strategies for sharing information with carers
- To discuss common scenarios and dilemmas that can arise in relation to information sharing, and how these can be addressed.

### **COST FOR EXTERNAL DELEGATES (no charge for BSMHFT staff)**

(Refreshments and all course materials are included)

**Early Bird Rate (bookings made before 1<sup>st</sup> April 2019 - £120 per participant  
Bookings made after 1<sup>st</sup> April 2019 - £150 per participant**

There are limited places available for the above course. If you are interested in attending please complete the attached booking form and return to Maria Albanese on:  
Fax: 0121 301 2891 Email [maria.albanese1@nhs.net](mailto:maria.albanese1@nhs.net) Tel: 0121 301 2896

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### **BOOKING FORM**

Title (Dr/Mrs/Miss/Mr etc): \_\_\_\_\_

Name: \_\_\_\_\_

Job Title: \_\_\_\_\_

Trust/Organisation: \_\_\_\_\_

Zone/Area: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Postcode: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

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**Bookings made after 1<sup>st</sup> April 2019 - £150 per participant**

Name and address to be invoiced: (no charge for BSMHFT staff)

**Please note: Any cancellation received after this date will be non-refundable,  
but we will accept change of delegate.**

**PLEASE RETURN FORM TO:**

Maria Albanese, Team Administrator, The Meriden Family Programme,  
Tall Trees, Uffculme Centre, Moseley, Birmingham B13 8QY  
Tel: 0121 301 2896 Fax: 0121 301 2891 Email: [maria.albanese1@nhs.net](mailto:maria.albanese1@nhs.net)