

Behavioural Family Therapy (BFT) TRAINING TRAINERS COURSE

INFORMATION

Course Details

The purpose of this five-day course is to provide participants with the skills necessary to train and supervise therapists in the use of Behavioural Family Therapy for psychosis, bipolar disorder and other mental health issues. The course is participative in nature and will provide participants with the opportunity to practice skills and to receive feedback from fellow participants and from the facilitators. Those attending will learn skills for use in straightforward training and supervisory situations, and also how to handle unexpected events and awkward questions.

The training is intensive, with a high tutor to participant ratio (1:5). Through role-play, group exercises and filmed sessions, participants receive thorough and detailed feedback on their performance and areas for development.

Selection Criteria

This course is open to those who have completed initial training in Behavioural Family Therapy. Applicants must have a working knowledge of the model as they will be expected to present components of the approach, facilitate role-play groups where people practice using skills from the approach, and give/receive feedback on their skills as part of the training.

If you are not trained in Behavioural Family Therapy and would like to do so, please get in touch to get dates of our next course.

Application Process

If you meet the selection criteria above, please email Sam Farooq (samfarooq@nhs.net) for an application pack. Please complete and return all sections of this. Once received and your eligibility for attending the course has been checked, you will receive a confirmation email advising you that your place on the course has been confirmed.

The application pack will also include details of work that you will need to prepare so that it can be presented during the course.

Please note that all places are allocated on a 'first come, first served' basis.

A full programme and directions to the venue will be sent out nearer to the time of the course.

Cost

A place on this intensive five-day course is £1900 per person. This includes all course materials, lunch and refreshments throughout the week. Accommodation is not included but is usually available on-site at the training venue or nearby for you to book directly if required. Payment will need to be made directly to the venue.

Applicants will need to provide details of where the invoice for their place on the course should be sent to. Please ensure that you have raised a purchase order in good time if your organisation requires this.

Cancellations

You may cancel your place on the course without charge up to the date specified on the application form – usually 4-5 weeks before the start of the course. Any applications or requests for cancellations received after this time cannot be refunded. We are happy to accept a change of applicant as long as they meet the selection criteria. Replacement applicants will have to complete and return the application documents before taking up the place on the course.

If you would like to apply to attend this course or have any queries please contact Sam Farooq on:

Email: samfarooq@nhs.net

Tel: 0121 301 2896

Fax: 0121 301 2891