REFERENCES ON SIBLINGS


Davtian, H.(2003) UNAFAM study of the needs of siblings. EUFAMI Newsletter, 11, 14-16


Mulder & Lines, (2005) A sibling’s guide to psychosis. Information, ideas and resources. Canadian Mental Health association, Toronto, Canada


**RESOURCES LIST ON SIBLINGS’ ISSUES**


Horn K. and Howe, D. (2002) For brothers and sisters, information about psychosis, Young People and Early Psychosis Intervention (YPPI) Centre Australia


NSF(Scotland): *It’s about you too!* (age 8-10 years) Download from [www.nsfscot.org.uk](http://www.nsfscot.org.uk)

NSF(Scotland): *Need to know* (age 11-14 years) Download from [www.nsfscot.org.uk](http://www.nsfscot.org.uk)

NSF (Scotland) *Making time to talk* (for parents with a mental illness wanting to talk to children about mental illness) download from [www.nsfscot.org.uk](http://www.nsfscot.org.uk)

Sherman, M (2006) *I’m not alone: A teen’s guide to living with a parent who has mental illness* [www.seedsofhopebooks.com](http://www.seedsofhopebooks.com)

Schizophrenia Society of Ontario (2006) *When your brother or sister has schizophrenia* [www.schizophrenia.on.ca](http://www.schizophrenia.on.ca)

Further Reading:

Lamb, W. (1998). I know this much is true. London: HarperCollins Publishers. (This is a novel about twins where one has schizophrenia, and may be helpful for staff in understanding the impact on siblings. Not suitable for children)


USEFUL WEBSITES

E Sibling Project:  http://siblingpsychosis.org/
The E-Sibling Project aims to address the needs of siblings by providing interactive peer support and information on psychosis.
‘Sibs’: www.sibs.org.uk
Generic website for siblings producing information sheets, regular newsletter, will take calls from siblings, runs workshops. Article on this group appears in the September 2008 edition of the newsletter.

Young Sibs: www.youngsibs.org.uk
Young Sibs is an online support service for brothers and sisters of disabled children and young people. It is for siblings who live in the UK and are under 18.

Rethink Siblings: www.rethink.org/siblings
New on-line national network for siblings to share experiences and get support set up by Rethink mental health charity.

www.champsworldwide.com
For children aged 5-12yrs who have an adult family member with a mental illness.

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