INPATIENT REFERENCES AND RESOURCES


Whitney, J., Murphy, T., Landau, S., Gavan, K., Todd, G., Whitaker, W. & Treasure, J. (2011) A practical comparison of two types of family intervention: An exploratory RCT of family day workshops and individual family work as a supplement to inpatient care for adults with anorexia nervosa. European Eating Disorders Review. [published online]

RESOURCE LIST

Training resources

- **The Journey Begins: Supporting Carers on an Acute Admission Ward.** A training resource for use with staff working in in-patient services. Lu Duhig, (Lu.Duhig@awp.nhs.uk). Avon and Wiltshire Mental Health Partnership Trust

- **Family Awareness Training for staff working in In-patient Services.** A three-stage training programme for in-patient staff. Also the Meriden Special Interest Group for Family Work in In-patient Services. Meriden West Midlands Family Programme, [www.meridenfamilyprogramme.com](http://www.meridenfamilyprogramme.com)

- **Partnerships in the Making: Carers in Mental Health. Carers DVD and Training Pack.** A training pack that aims to address issues for acute staff around working with carers within in-patient settings enhanced by BME focussed DVD to integrate BME carers issues into mainstream acute staff training. DRE and Acute Care Programme CSIP SW. Francine.bradshaw@swdc.org.uk

  Keeping the Family in Mind. A training resource with a DVD aimed at anyone who works with parents with mental health difficulties, their children and their families and is designed to raise awareness of the issues they face. [http://www.barnardos.org.uk/resources/research_and_publications.htm](http://www.barnardos.org.uk/resources/research_and_publications.htm). louise.wardale@barnardos.org.uk.

- **An Information Pack for Relatives and Friends who Care for People with Mental Health Problems.** Avon and Wiltshire mental Health Partnership NHS Trust.

- **Parents in Hospitals: How mental health services can best promote family contact when a parent is in hospital.** A report offering guidance on contact arrangements between parents in mental health settings and their children. [www.barnardos.org.uk/parentsinhospital](http://www.barnardos.org.uk/parentsinhospital)

- **Being Seen and Heard: the needs of children of parents with mental illness.** A video and DVD training pack for professionals which has some descriptions of the experiences of families when their parents are in hospital. Book Sales: Royal College of Psychiatrists, 17 Belgrave Square, London, SW1X 8PG. [www.rcpsych.ac.uk/publications.aspx](http://www.rcpsych.ac.uk/publications.aspx)

Websites

Reports on the rethink survey on confidentiality and information-sharing with carers: [http://www.sdo.lshtm.ac.uk/sdo542003.html](http://www.sdo.lshtm.ac.uk/sdo542003.html)
**Books and further reading**


**Systems for improving experiences on inpatient units**

Star Wards. [www.starwards.org.uk](http://www.starwards.org.uk)

Accreditation for Acute Inpatient Mental Health Services (AIMS): London: Royal College of Psychiatrists. (AIMS@cru.rcpsych.ac.uk)

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