

## **REFERENCES ON FAMILY WORK BLACK & MINORITY ETHNIC (BME)**

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## **Specific reports of interest with a BME Focus**

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### **Internet Resources: Factsheets and information leaflets**

- MIND factsheet about mental health of Chinese and Vietnamese people in Britain. <http://www.mind.org.uk/Information/Factsheets/Diversity/The%20mental%20health%20of%20Chinese%20and%20Vietnamese%20people%20in%20Britain.htm>
- The BE4 Project <http://www.be4researchproject.org.uk/> aims to improve the quality of access to information and appropriate treatment in mental health and social care to people of African, Caribbean, Chinese, South Asian, and Vietnamese descent living in the Cardiff wards of Butetown, Grangetown & Riverside
- Race and Equality Foundation <http://www.reu.org.uk/> promotes race equality in social support (what families and friends do for each other) and social care (what 'workers' do for people who need support).
- Afiya Trust <http://www.afiya-trust.org/> supports projects that involve carers, and provides multi-lingual information for families living with mental health problems, or cancer.

### **Forums & Support Groups for BME Carers**

- Black and Ethnic Minority Community Care Forum <http://www.bemccf.org.uk/>
- Black and Minority Ethnic Carers' Support Service <http://www.bmecarers.org.uk/>
- Centre for Community Mental Health <http://www.ccmh.uce.ac.uk/research.htm> The website gives details on its projects which include: Black and Minority Ethnic Community Project; Irish Community Mental Health in Birmingham; Community Mental Health Service Evaluation.
- Barnardo's runs a diverse range of projects that work with BME communities [http://www.barnardos.org.uk/what\\_we\\_do/our\\_projects/black\\_minority\\_ethnic\\_communities.htm](http://www.barnardos.org.uk/what_we_do/our_projects/black_minority_ethnic_communities.htm)

### **DVD**

- Meriden Family Programme (2010) Working with Families Across Cultures DVD.

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