

**The Tuke Centre, York**  
**Saturday 18<sup>th</sup> July 2009 - 9.30pm to 4.30pm**

# Staff Support Groups in the Helping Professions

There is evidence that staff support groups are felt to be beneficial by about half their members. The question of whether they can help is more a question of who they help and how they could help more of their members. This workshop is aimed at practising or potential facilitators of staff support groups, at those who commission them, and at members of staff support groups. Drawing on Hartley and Kennard's newly published book *Staff Support Groups in the Helping Professions*, the editors and contributors will explore with you how staff support groups can be more helpful for more people, drawing on practical material from a variety of settings to demonstrate the principles, practices and pitfalls. Facilitating a staff support group is not for the inexperienced, requiring careful adaptation and modification of group theory and practice. Participants will be introduced to the complex interplay of interpersonal and organizational dynamics that influence the commissioning and facilitation of staff support groups.

## Speakers

**Phil Hartley** is an Adult Psychotherapist at St Andrews Counselling and Psychotherapy Service, North Yorkshire and York Primary Care Trust. He is a member of the Institute of Group Analysis.

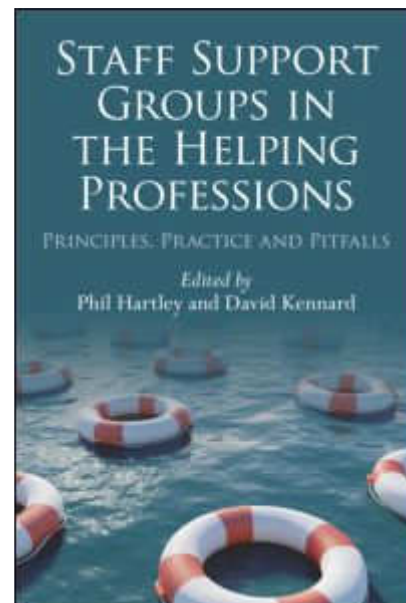
**David Kennard** is a clinical psychologist and group analyst providing supervision and staff support to individuals and organizations. He was formerly Head of Psychological Services at The Retreat, York, and is a member of the Institute of Group Analysis.

**Chris Powell** is Head of the Tuke Centre and Outpatients, The Retreat, York. He is a group analyst and organisational consultant, and a member of the Institute of Group Analysis.

**Ewa Wojciechowska** is a group analyst and psychotherapist in private practice and a Director of Relationships at Work Ltd. She is a member of the Institute of Group Analysis.

## Programme

9.30am	Arrivals
10.00am	David Kennard Staff support groups: What are they for? Do they work?
10.30am	Phil Hartley The group they love to hate: Setting up and facilitating a staff support group
11.00am	Coffee
11.30am	Small Groups
12.30pm	Lunch
1.30pm	Chris Powell The insider as facilitator of a staff support group
2.00pm	Ewa Wojciechowska Managing personal and professional boundaries
2.30pm	Small Groups
3.30pm	Tea
3.50pm	Large group plenary
4.30pm	Finish



## Workshop venue:

The Retreat, Heslington Road,  
York YO10 5BN

**Cost: £45**

Retreat staff £15

## Speakers:

Phil Hartley  
David Kennard  
Chris Powell  
Ewa Wojciechowska

## To book:

Send your name, address and contact details, including your email address (please state your type of work setting and your occupation) with a cheque made out to "The Retreat (York) Ltd" for £45 to: Centre Administrator, The Tuke Centre, 28 Green Dykes Lane, York YO10 3HH

You can also book by phone using your credit card or debit card. Phone 01904 430370.

## Contact:

**The Centre Administrators**  
**Email: [info@thetukecentre.org.uk](mailto:info@thetukecentre.org.uk)**