Male Carers

There is a paucity of research on male carers specifically related to those caring for people with a mental health condition. The following reference and resource list relates to male carers regardless of the condition. Conditions of carer recipients include those with a disability, mental health condition, HIV/AIDS, depression, Alzheimer’s disease, cancer, and older adults.


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**Internet Resources**


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Forums & Support Groups for Male Carers
• Support for Male Carers 2006
  http://www.communitycare.co.uk/Articles/2006/11/30/102410/support-for-male-carers.html
• A forum for fathers - a worldwide place for men to share their thoughts, ideas, experiences of caring for a child with a disability.
• The Carlisle Carers Association Male Carers Club
  http://www.carlislecarers.com/CCA-MALE-CARERS-CLUB a group dedicated to the support of male carers of all ages
• Fathers Direct http://www.fathersdirect.com/, a registered charity to support the positive and active involvement of fathers and male carers.
• Caremale, http://www.caremale.org.uk/ a site with information and forums for male carers