

## Male Carers

There is a paucity of research on male carers specifically related to those caring for people with a mental health condition. The following reference and resource list relates to male carers regardless of the condition. Conditions of carer recipients include those with a disability, mental health condition, HIV/AIDS, depression, Alzheimer's disease, cancer, and older adults.

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### **Forums & Support Groups for Male Carers**

- Support for Male Carers 2006  
<http://www.communitycare.co.uk/Articles/2006/11/30/102410/support-for-male-carers.html>
- A forum for fathers - a worldwide place for men to share their thoughts, ideas, experiences of caring for a child with a disability.  
<http://fathers.myfreeforum.org/index.php?component=indexpage>
- The Carlisle Carers Association Male Carers Club  
<http://www.carlislecarers.com/CCA-MALE-CARERS-CLUB> a group dedicated to the support of male carers of all ages
- Fathers Direct <http://www.fathersdirect.com/> , a registered charity to support the positive and active involvement of fathers and male carers.
- Caremale, <http://www.caremale.org.uk/> a site with information and forums for male carers

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