

REFERENCES ON FAMILY WORK BLACK & MINORITY ETHNIC (BME)

Adamson J, Donovan J. (2005) 'Normal disruption': South Asian and African/Caribbean relatives caring for an older family member in the UK. Social Science and Medicine, 60(1), 37-48.

Afiya Trust (2002) We Care Too! Good Practice Guide for Working with Black Carers. National Black Carers Workers Network in Association with the Afiya Trust. Accessed January 2009: www.afiya-trust.org.

Ayalon L, Alvidrez J.(2007) The experience of Black consumers in the mental health system—identifying barriers to and facilitators of mental health treatment using the consumers' perspective. Issues in Mental Health Nursing. 28(12),1323-40.

Beishon, S., Modood, T. and Virdee S. (1998) Ethnic Minority Families. Policy Studies Institute. Accessed January 2009:
<http://www.jrf.org.uk/knowledge/findings/socialpolicy/spr938.asp>

Bradley, G.M. Couchmann, G.M Perlesz, A. Nguyen, A.T. Singh, B. & Riess, C. (2006) Multiple-Family Group Treatment for English- and Vietnamese- Speaking Families Living With Schizophrenia. Psychiatric Services, 57(4) 521-530

Brown JD, Wisow LS, Zachary C, Cook BL. (2007) Receiving advice about child mental health from a primary care provider: African American and Hispanic parent attitudes. Medical Care, 45(11),1076-82.

Butt J. and Box L (1998) Family Centred: A study of the use of family centres by black families. London: Race Equality Foundation. Accessed January 2009:
<http://www.raceequalityfoundation.org.uk/>

Coatsworth JD, Duncan LG, Pantin H, Szapocznik J. (2006) Retaining ethnic minority parents in a preventive intervention: the quality of group process. Journal of Primary Prevention. 27(4), 367-89.

Coatsworth JD, Duncan LG, Pantin H, Szapocznik J. (2006) Patterns of retention in a preventive intervention with ethnic minority families. Journal of Primary Prevention. 27(2),171-93.

Conneely, P. (March 2007) "Caring for Carers"; a training course for Black and Minority Ethnic (BME) Carers and Organisations. Birmingham: Meriden Programme Newsletter, 3(1), 19-20. www.meridenfamilyprogramme.com

Compton MT, Esterberg ML, Broussard B. (2008) Causes of schizophrenia reported by urban African American lay community members. Comprehensive Psychiatry. 49(1),87-93.

Corrigan PW, Watson AC. (2007) The stigma of psychiatric disorders and the gender, ethnicity, and education of the perceiver. Community Mental Health Journal. 43(5),439-58.

Ellahi, R and Hatfield, C. (1992) Research into the Needs of Asian Families Caring for Someone with a Mental Handicap. Mental Handicap. 20, 134-6.

Esterberg ML, Compton MT, McGee R, Shim R, Hochman K. (2008) Knowledge about schizophrenia and social distance toward individuals with schizophrenia: a survey among predominantly low-income, urban, African American community members. Journal of Psychiatric Practice.14(2), 86-93.

Hatton, C. (1998) Informal Carers of Adolescents and Adults with Learning Difficulties from South Asian Communities: Family Circumstances, Service Support and Carer Stress. British Journal of Social Work 28. 821-837

Hinton L, Franz CE, Yeo G, Levkoff SE. (2005) Conceptions of dementia in a multiethnic sample of family caregivers. Journal of the American Geriatrics Society. 53(8):1405-10.

Holroyd, E. E. (2003). Chinese cultural influences on parental caregiving obligations towards children with disabilities. Qualitative Health Research, 13(1), 4-19.

Inkelas M, Raghavan R, Larson K, Kuo AA, Ortega AN. (2007) Unmet mental health need and access to services for children with special health care needs and their families. Ambulatory Pediatrics. 7(6),431-8.

Jones, A, Jeyasingham, D and Rajasooriya, S. (2002) Invisible Families: The Strengths and Needs of Black Families in Which Young People have Caring Responsibilities. Bristol: Policy Press and Joseph Rowntree Foundation. Accessed January 2009: <http://www.jrf.org.uk/bookshop/eBooks/JR107-families-young-people.pdf>

Katbamna, S., Baker, R., Ahmad, W., Bhakta, P. and Parker, G. (2001). Development of guidelines to facilitate improved support of South Asian carers by primary health care teams. Quality in Health Care, 10, 166-172. Accessed January 2009: <http://www.pubmedcentral.nih.gov/picrender.fcgi?artid=1743443&blobtype=pdf>

Katbamna S., Bhakta P., Parker G., Ahmad W. and Baker (1997). The needs of Asian Carers: A Selective Literature Review. Nuffield Community Care Studies Unit, University of Leicester. Accessed January 2009: www2.le.ac.uk/departments/health-sciences/extranet/research-groups/nuffield/pdf/wp50.pdf/at_download/file

Karner TX, Hall LC. (2002) Successful strategies for serving diverse populations. Home Health Care Services Quarterly. 21(3-4),107-31.

Koneru VK, de Mamani AG. Acculturation and expressed emotion in Caucasian, Latino, and black relatives of patients with schizophrenia. Journal of Nervous and Mental Disease. 195(11), 934-8.

Kymalainen JA, Weisman de Mamani AG. (2008) Expressed emotion, communication deviance, and culture in families of patients with schizophrenia: a review of the literature. Culture Diversity and Ethnic Minority Psychology, 14(2),85-91.

Li, Z. & Arthur, D. (2005) Family Education For People With Schizophrenia in Beijing, China. The British Journal of Psychiatry, 187, 339-345

Mahoney DF, Clutterbuck J, Neary S, Zhan L. (2005) African American, Chinese, and Latino family caregivers' impressions of the onset and diagnosis of dementia: cross-cultural similarities and differences. Gerontologist. 45(6),783-92.

Mak, K-Y, Wong, M-C, Ma, LK, Fung, SC. (1997) A cost-effectiveness study of a community-based family management rehabilitation programme for schizophrenic outpatients in Hong Kong. Hong Kong Journal of Psychiatry, 7(2), 26-35.

McCallum TJ, Spencer SM, Goins RT. (2008) Lost in summation: depression among African American female caregivers and noncaregivers. Journal of Cross-Cultural Gerontology. 23(1), 77-84.

Merrell J, Kinsella F, Murphy F, Philpin S, Ali A. (2005) Support needs of carers of dependent adults from a Bangladeshi community. Journal of Advanced Nursing. 51(6), 549-57.

Mills, H (2003) Meeting the needs of black and minority ethnic young carers: A literature review and research study for the Willow Young Carers Service. Barnardo's and University of Leeds. Accessed January 2009:
http://www.barnardos.org.uk/meeting_needs_of_bme_young_carers_willow_040108.pdf

Miranda J, Bernal G, Lau A, Kohn L, Hwang WC, LaFromboise T. (2005) State of the science on psychosocial interventions for ethnic minorities. Annual Review of Clinical Psychology, 1,113-42.

Montero, I, Ascenico, A., Hernandex, I., Masanet, M. (2001) Two Strategies for Family Intervention: A Randomised Trial in a Mediterranean Environment. Schizophrenia Bulletin, 27(4), 661-671.

Ojeda VD, Bergstresser SM. (2008) Gender, race-ethnicity, and psychosocial barriers to mental health care: an examination of perceptions and attitudes among adults reporting unmet need. Journal of Health and Social Behavior. 49(3), 317-34

Ow, R., Tiong, T. T., & Goh, S. (2004). Diverse perceptions of social support: Asian mothers of children with intellectual disability. Families in Society, 85(2), 214-220.

Powell M & Perkins E (1984) Asian families with a pre-school handicapped child - a study. Mental Handicap,12, 50-52.

Qureshii, T, Berridge, D and Wenwan, H. (2000) Where To Turn? Family Support For South Asian Communities. London: National Children's Bureau. Accessed January 2009:

<http://www.jrf.org.uk/knowledge/findings/socialpolicy/d50.asp>

Ran, M-S, Xiang, M-Z, Chan, L-W, Leff, J, Simpson, P., Huang M-S, Shan Y-H, Li S-G (2003) Effectiveness of psychoeducational intervention for rural Chinese families experiencing schizophrenia. Social Psychiatry and Psychiatric Epidemiology, 38, 69-75

Roberts RE, Alegria M, Roberts CR, Chen IG. (2005) Concordance of reports of mental health functioning by adolescents and their caregivers: a comparison of European, African and Latino Americans. Journal of Nervous and Mental Disease. 193(8),528-34.

Roberts RE, Alegria M, Roberts CR, Chen IG. (2005) Mental health problems of adolescents as reported by their caregivers: a comparison of European, African, and Latino Americans. Journal of Behavioral Health Services and Research. 32(1), 1-13.

Skinner D, Weisner TS. (2007) Sociocultural studies of families of children with intellectual disabilities. Mental Retardation and Developmental Disabilities Research Reviews. 13(4), 302-12.

Snowden LR. (2007) Explaining mental health treatment disparities: ethnic and cultural differences in family involvement. Culture, Medicine and Psychiatry. 31(3),389-402

Stuart, O. (2006) Will community-based support services make direct payments a viable option for black and minority ethnic service users and carers? Social Care Institute for Excellence. Accessed January 2009:

<http://www.scie.org.uk/publications/raceequalitydiscussionpapers/redp01.pdf>

Toth-Cohen S. (2004) Factors influencing appraisal of upset in black caregivers of persons with Alzheimer disease and related dementias. Alzheimer Disease and Associated Disorders. 18(4),247-55.

Woodhams, P. (September 2005) Peace and Reconciliation in Ireland: A Cross Border Approach to Meeting Carers' Needs. Birmingham: Meriden Programme Newsletter, 2(6), 2-3 www.meridenfamilyprogramme.com

Xiang M, Ran M, Li S (1994) A controlled evaluation of psychoeducational family intervention in a rural Chinese community. British Journal of Psychiatry, 8 (5), 201-5.

Yee, L.(1992) Improving Support for Black Carers London: Kings Fund

Zheng L (2003) The effect of a nurse-initiated patient/family education strategy on people with schizophrenia in Beijing. Dissertation: Hong Kong Polytechnic University (People's Republic of China).

Specific reports of interest with a BME Focus

AWEMA - All Wales Ethnic Minority Association (2003) Challenging the Myth: Access Issues for BME Carers in Wales. Cardiff:AWEMA

Butt J. Gorbach P. and Ahmad B. (1994) Equally Fair? A Report on Social Service Departments' Development, Implementation and Monitoring of Services for Black and Minority Ethnic Communities, HMSO, London.

Department of Health (2004) Celebrating our Cultures: Guidelines for Mental Health Promotion with Black And Minority Ethnic Communities. London:DoH Publications. Accessed January 2009:

http://www.schizophreniaguidelines.co.uk/schizophrenia/black_and_ethnic_minorities.php#

Department of Health (2005) Delivering Race Equality in Mental Health Care: An Action Plan for Reform Inside and Outside Services and The Governments Response to the Independent Inquiry into the Death of David Bennett. London:DoH Publications. Accessed January 2009:

http://www.dh.gov.uk/prod_consum_dh/groups/dh_digitalassets/@dh/@en/documents/digitalasset/dh_4100775.pdf

Department of Health social services inspectorate (1998) They Look After Their Own, Don't They? Inspection of Community Care Services for Black and Ethnic Minority Older People Great Britain. London: DoH Accessed January 2009:

http://www.dh.gov.uk/en/PublicationsAndStatistics/Publications/PublicationsInspectionReports/DH_4008284

Mental Health Act Commission (2005) Count Me In: The National Mental Health and Ethnicity Census: Service User Survey. Nottingham: MHAC. Accessed January 2009:

http://www.actiondre.org.uk/Count_me_in2005/Background_documents_and_information.pdf

Mental Health Act Commission (2005) Count Me In: Results of a National Census of In-Patients in Mental Health Hospitals and Facilities in England and Wales. London:CHAI. Accessed January 2009:

http://www.mhac.org.uk/census2006/docs/FINAL_web_pdf_censusreport_5th_1-0.pdf

Mental Health Foundation (2003) Black Spaces Project: South Asian Women Study. London:MHF Accessed January 2009:
<http://www.mentalhealth.org.uk/publications/?EntryId5=43600&char=B>

National Institute of Mental Health (2003) Inside Outside: Improving Mental Health Services for Black and Minority Ethnic Communities in England. London: DoH. Accessed January 2009:
http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_4084558

Refugee Council & Birmingham and Solihull Mental Health NHS Trust (2004) The Amahoro Guide: A Resource for Mental Health Workers Working with Asylum Seekers and Refugees in Birmingham and Solihull. Birmingham:BSMHT

Rethink (2002) A Cultural Competency Checklist. Accessed January 2009:
www.rethink.org.uk

Sainsbury Centre for Mental Health (2002) Breaking the Circles of Fear. London:SCMH. Accessed January 2009:
http://www.scmh.org.uk/pdfs/Breaking_the_Circles_of_Fear.pdf

Walls, P and Sashidharan, SP (2003) Real Voices: Survey Findings from a series of Community Consultation Events involving Black and Minority Ethnic groups in England. London:DOH

Internet Resources: Factsheets and information leaflets

- MIND factsheet about mental health of Chinese and Vietnamese people in Britain.
<http://www.mind.org.uk/Information/Factsheets/Diversity/The%20mental%20health%20of%20Chinese%20and%20Vietnamese%20people%20in%20Britain.htm>
- The BE4 Project <http://www.be4researchproject.org.uk/> aims to improve the quality of access to information and appropriate treatment in mental health and social care to people of African, Caribbean, Chinese, South Asian, and Vietnamese descent living in the Cardiff wards of Butetown, Grangetown & Riverside
- Race and Equality Foundation <http://www.reu.org.uk/> promotes race equality in social support (what families and friends do for each other) and social care (what 'workers' do for people who need support).
- Afiya Trust <http://www.afiya-trust.org/> supports projects that involve carers, and provides multi-lingual information for families living with mental health problems, or cancer.

Forums & Support Groups for BME Carers

- Black and Ethnic Minority Community Care Forum <http://www.bemccf.org.uk/>
- Black and Minority Ethnic Carers' Support Service <http://www.bmecarers.org.uk/>
- Centre for Community Mental Health <http://www.ccmh.uce.ac.uk/research.htm>
The website gives details on its projects which include: Black and Minority Ethnic Community Project; Irish Community Mental Health in Birmingham; Community Mental Health Service Evaluation.
- Barnardo's runs a diverse range of projects that work with BME communities http://www.barnardos.org.uk/what_we_do/our_projects/black_minority_ethnic_communities.htm

Gráinne Fadden, Paula Conneely & Becky Heelis
January 2009